



THE GREYTON POST

ISSUE 10

NOVEMBER / DECEMBER 2024


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- Affection
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- Cordiality
- Decency
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- Generosity
- Goodwill
- Grace
- Graciousness
- Leniency
- Mercy
- Tolerance
- Warmth

Dear Readers,

As we head into the festive season, it's the perfect time to reflect on the spirit of Ubuntu that makes our valley so special. This issue is dedicated to all the good things happening in our community—neighbours supporting neighbours, local initiatives making a difference, and the simple kindness that keeps Greyton, Berea, Genadendal, and Voorsteekraal thriving.

A heartfelt thank you to our wonderful advertisers and the scribes who have filled our pages with stories, updates, and insights throughout the year. Your support has helped us keep The Greyton Post free for all our readers, near and far, on paper and digitally. With every issue, our readership continues to grow, and we couldn't have done it without you.

Of course, let's not forget the mischievous spirit of Lady Grey, who will be roaming the streets, keeping an eye on all of us during the holiday season. Be sure to stay on your best behavior—she's watching for fun, high jinx, and holiday cheer!

If you've enjoyed your copy of The Greyton Post over the past year and would like to give back,

please consider making a voluntary donation by scanning the QR code below. Every contribution helps us continue delivering news and updates to you. With your support, we can expand our print run beyond our current capacity of 500 copies, allowing us to reach more readers and keep everyone connected.

Looking ahead to 2025, The Greyton Post is seeking a physical home in the center of Greyton. This space will be a hub for growing our presence on social media, sharing the good news of our valley far and wide, and providing a place where you can drop in for a chat or share stories that matter. We also plan to strengthen our connections with surrounding towns, sharing news and celebrating the activities that make our region so special.

Wishing you all a safe, merry, and joy-filled festive season! May it be filled with laughter, love, and a little bit of local magic.



Warmest regards,
Paula
Editor, The Greyton Post

A poem by Shani (Instagram: @blondiepoems)

The willows receive their leaves like fingers receive frequencies,
 tenderest touch perceiving the heart
 like faith in the piercing sun
 as we humble our bodies to
 crumple desires,
 allowing each soul-gift
 & each soul-grit
 to reveal
 a dealing of greenery,
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 thriving by the hand of sunlit offering,
 vibrancy in a heart's breeze
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Embracing Ubuntu: ‘I am because we are’

PAULA ANSLEY

As the year draws to a close and the festive season approaches, many of us are preparing for the “season of giving.” But have you ever wondered why acts of kindness and generosity bring such a sense of joy and fulfillment? The concept of Ubuntu, a Southern African philosophy deeply rooted in community, sharing, and compassion, may hold the answer. Ubuntu reminds us that “I am because we are” - emphasizing that our individual well-being is interconnected with the health and happiness of those around us. This spirit of Ubuntu resonates strongly within the Greyton and its surrounding communities.

The Science Behind Giving

Generosity is a universal human trait, with its roots deep in both biology and philosophy. Acts of giving trigger the release of powerful neurotransmitters—dopamine, serotonin, and oxytocin—often referred to as the “happiness trifecta.” These chemicals are responsible for creating feelings of pleasure, happiness, and connection. When we give, whether through small gestures or more significant acts of kindness, we not only improve the lives of others but also experience a “helper’s high,” a sense of euphoria and

emotional warmth.

Studies show that giving not only enhances mental well-being but also boosts physical health. By reducing cortisol, a stress-related hormone linked to conditions like heart disease and diabetes, acts of generosity can promote longevity and reduce inflammation in the body. In short, giving is a win-win situation, benefiting both the giver and the recipient.

The Philosophy of Ubuntu

Ubuntu takes this natural inclination to give and turns it into a guiding principle for life. Rooted in Southern African culture, Ubuntu teaches that we are all part of a larger community. Our actions, whether big or small, affect the lives of those around us. The philosophy urges us to act with empathy, compassion, and a deep sense of shared responsibility for the well-being of others. It emphasizes that by lifting others up, we also elevate ourselves and our community as a whole.

In our valley, Ubuntu can be seen in action daily. Whether it’s through community projects, neighborhood initiatives, or simple acts of kindness between friends and strangers, people in this valley embody the spirit of Ubuntu. The focus on building stronger relationships, fostering trust, and nurturing a sense of belonging has been central to

creating a resilient, connected community.

Embracing Ubuntu in Everyday Life

Embracing Ubuntu doesn’t require grand gestures. It can be as simple as fostering empathy towards others, nurturing relationships, and seeking out ways to support and uplift your neighbors. Whether through volunteering, helping someone in need, or participating in community events, each act contributes to the well-being of the entire community.

In the end, Ubuntu reminds us that our greatest strength lies in our togetherness. By embracing this philosophy in the valley, we can continue to create a culture of giving, kindness, and shared responsibility that benefits everyone.

‘I am because we are.’



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Let's Keep Greyton Safe This Holiday Season

As we embrace the warm sunshine and outdoor activities that come with the long summer holiday, it's important to remember that the festive season can bring an increased risk of opportunistic crimes. While these incidents are relatively low compared to other areas in the Western Cape, our community's vigilance is essential to ensure a safe and joyful holiday for everyone.

Here are some practical tips to help keep our community safe - be sure to share with your guests and tenants:

Stay Vigilant: Always be aware of your surroundings and report any suspicious behavior to the SAPS at 028 125 0010 or to the Greybos Neighbourhood Watch WhatsApp group at 028 251 1000.

Secure Your Belongings: Lock up bicycles, running shoes, and other personal items. Visible valuables are tempting targets for thieves.

Home Security: Ensure that doors are locked, windows are closed, and alarms

are set. Good lighting at entry points enhances security.

Vehicle Safety: Never leave valuables in your car. Always lock your vehicle and activate any alarm systems.

Report Crimes: Report all incidents to SAPS and ensure to lay a charge. This helps improve crime statistics accuracy and aids in legal proceedings.

Community Patrols: Support our volunteer patrollers who help monitor and report suspicious activities.

Advanced Security Measures: Consider linking to a response company and installing effective alarm systems, including beams and sensors, to prevent unauthorized access.

Natural Alarms: Pets, especially dogs, are great at alerting you to unusual activities. No pet? Listen for the calls of guinea fowl and Hadedda ibises, who are



alert during the night.

Vacant Premises: If you're traveling, notify SAPS to register your property on the SAPS Vacant Premises Register for regular checks.

Together, we can maintain the safety and security of our beautiful village. Let's all contribute to a safe environment so that our residents and visitors can enjoy everything our valley has to offer, without worry.

Wishing everyone in Greyton a safe and happy festive season!

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The story of Greyton's Print Shop & Gym

DANIEL GROENEWALD

My fitness journey started in 1973 when Checkers built an annex to Queenswood's shopping centre in Pretoria. Some of the tenants relocated to the newly built annex, but Panos' Café and the Beehive Bakery remained. Panos had the pinball machine, and there's no prize for guessing where us teenagers hung out. A gym opened in one of the vacant premises and Faan and I eagerly joined. Sadly, no amount of dedication and commitment made any difference to our matchstick arms. That was the start of a fifty-year commitment of which I often brag that the longest I've been out of a gym in my life is six months, which is not strictly true, after all I did spend two years in the military

So, when Sandton Health and Racquet opened it was a no-brainer to join. It was smart. But there were problems they did not foresee. The weights area was sunken and called The Pit. Here a chap with the worst BO ever trained. People fled. I enquired from management what their policy was regarding personal hygiene and was told that they had none. I thought to myself, "if I ever own a gym, I would do it differently". Some years later at Virgin Green Point there was an elderly lady who came to the gym with four sweat towels.

She placed these on four pieces of equipment and slowly moved from one to the next preventing others from using that equipment. Again, I enquired on policy about hogging equipment, and the response was the same. Yet again I thought to myself...

When considering moving to Greyton eleven years ago, high on my priority list was whether it had a gym. The Greyton Active was just about to open its doors and that sealed the deal. I also needed office space and staff and rented the premises where GreytPrint is located today. My staff informed me that people would walk in and ask whether we could print, fax, or copy. I said, "let's start a print shop". I went to Game and purchased home equipment – an A3 printer, laminator, and binding machine. Soon, I heard a rumour that we could not produce quality. I should have heeded my German panel beater's slogan. He was the only approved Mercedes panel shop outside of Mercedes themselves at the time. When he was late in delivering my car and I was angry he said, "ja but ve have to do it pgroboly". So, we purchased commercial equipment to enable us to print pgroboly, which enabled us to print the very publication in your hand now.

In 2019, Lance who had, subsequently, become a full partner in the GreytPrint

lamented to me that a second print shop had opened in Greyton and that the town wasn't big enough to sustain two. I replied that competition is a good thing which keeps one sharp and prevents arrogance. I advised him to simply keep doing what he's doing to the best of his ability, and he did. All was cool. Not so cool for the lady selling treats at the market whose staff walked out with her recipes and set up shop with the same goods on the Main Road approaching the market. Thankfully, Greyton remained loyal to the market lady.

When Greyton Active closed, I bought the equipment intending to open a facility that would allow me to train, and perhaps have members contribute to paying the rent. When premises became available, I costed it, and it came to double what I had intended to outlay. I decided to nevertheless proceed. Shockingly, the build cost was quadruple the budget because we did it pgroboly. But the gym was small, and I soon saw that if there were more than three people inside, they were tripping over each other. I offered a neighbouring tenant a

handsome sum to offer up a portion of his premises to enlarge the gym. The enlargement proceeded which pushed the total investment to a seven-figure sum. No more a facility that would simply allow me to train, now it was a quest to have the best country-gym in SA, and yet it was still not enough – it needed more space since our studio was too small. The extra space became available in 2024, and I invested an additional six-figures - fully realising that we (Lance had become a partner) would not gain even one additional member from this investment.

So, Greyton it would only be right, next time you print or train, to spare a thought for the Panel Beater who insisted on doing things pgroboly.



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Greyton House Village School: A Year of Reflection and Growth, Looking Ahead to 2025

JOHAN MOOLMAN (PRINCIPAL)

As Greyton House Village School celebrates its 25th anniversary, we take a moment to reflect on the incredible journey that has brought us to where we are today. This milestone marks not just the longevity of our school but also the consistency, hard work, and caring spirit that have defined our community over the years. The deep connection Greyton House has with the town and its people is a testament to the values we hold dear—values that align with the spirit of “ubuntu,” a concept that underscores the interconnectedness of humanity and the belief that we are all uplifted when we work together.

In 2024, we welcomed many new families and Teacher Kelly to our school, and it has been a joy to see the community continue to grow. Our students have shown remarkable growth in independence, confidence, and engagement in their learning. Each child is valued as an individual, and our child-led, play-based approach encourages genuine inquiry and creativity, allowing our learners to thrive in their unique ways.

Our arts, drama, and music programs have flourished this year, with the upgraded art room, envisioned and driven by Gabby van Heerden, providing a fresh space for our learners to express themselves. Drama and music throughout the year showcased the talent and passion of our students, reminding us of the power of creative expression in holistic education. Likewise, our sports, clubs, and community outreach initiatives have continued to thrive, offering a broad array of opportunities for students to explore their interests and develop

a deep sense of responsibility to the world around them.

A highlight of 2024 has been the support from our parent body, whose dedication has made our fundraising events a resounding

success. These events support our bursary program, ensuring that our school remains accessible to all, embodying the spirit of ubuntu. In many ways, 2024 has been a year of consolidating our position and vision for Greyton House, setting the stage for an even brighter future.

Looking ahead to 2025, we are excited to welcome even more new learners and families into our fold. With the help of our academics committee, we aim to further upskill our teachers, ensuring that we continue offering an enriched curriculum that is child-centered and inquiry-based. We also plan to expand our sports, arts, and culture activities, with a focus on building partnerships that serve both our students and the broader community. These partnerships will open doors to new experiences, helping our students develop the skills, empathy, and understanding they need to make meaningful contributions to society.

Additionally, we have extensive plans for maintaining and upgrading our school building, garden, and play areas. These improvements will ensure that our environment continues to inspire learning and joy, providing a nurturing space for our children to explore, grow, and play.



As we move forward, Greyton House remains committed to nurturing the values of ubuntu—togetherness, compassion, and community—which have been at the heart of our school for 25 years and will guide us in the years to come.

A massive thank you goes out to everyone who has supported, cared for, and committed themselves to making Greyton House Village School a place of joy, nurturing, and growth over the past 25 years. From our dedicated teachers to the tireless efforts of our parents, and wider community, Greyton House is the special place it is today because of you. Here's to many more years of learning, connection, and shared success!

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Greyton Book Review: Prophet Song

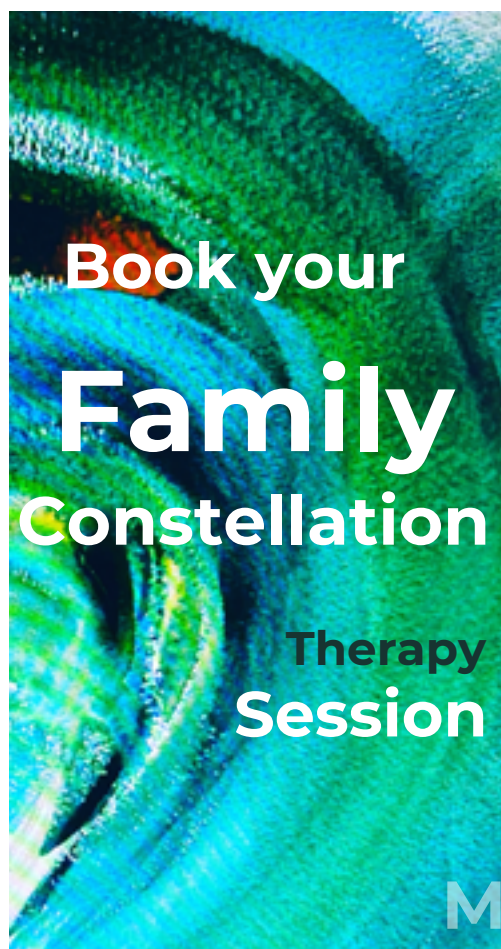
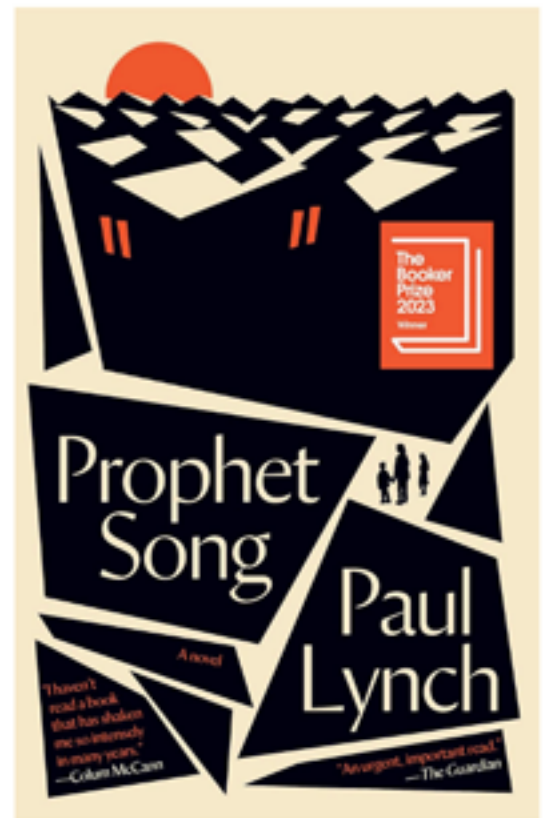
BRIDGET IMPEY

I'm always a bit cautious when it comes to Booker Prize winners—they're rarely easy reads, often dealing with difficult subjects that most of us might not choose to confront. But the Booker Prize aims to highlight exceptional contemporary writing, and *Prophet Song* by Paul Lynch hits the mark. It's a challenging book both in style and content with minimal punctuation, no quotation marks (it's an Irish thing), and very few paragraph breaks.

The story follows Eilish Stack, a mother trying to hold her family together as Ireland falls into totalitarianism. Rather than focusing on how the country got there, the novel concentrates on Eilish's personal experience and the slow collapse of the state and her life along with it. Her husband Larry, a senior trade unionist, is arrested, leaving her to care for their four children and her father, who has dementia.

Eilish's situation worsens as she becomes a target due to Larry's position, she loses her job and local shops refuse to serve her. At home, her teenage son is eager to join the rebellion, while her father drifts in and out of reality. Although sister desperately urges her to flee, Eilish is determined to stay, hoping to find Larry and protect her family. Paralysed by denial and disbelief, she only takes action when she realises things will never be normal again, but who must she leave behind?

The sparse punctuation adds to the tension and urgency of the story whilst Lynch cleverly escalates the menace. It is a dark book and more so because we know this is a reality for many people.



Wellbeing

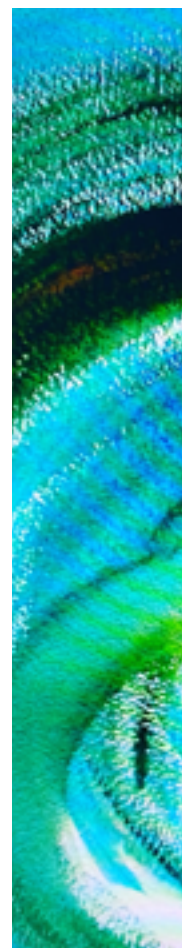
Family Constellation is a therapeutic process through which you can **access core issues that influence your life**, like your family system and its hidden dynamics you might have inherited across generations. This approach enables **insights into unresolved traumas**, conflicts and secrets that can have a profound impact on one's life, including your **physical and emotional wellbeing**.

A constellation aims to make these family dynamics visible and to create a new inner image and dialogue, enabling you to live your life with a **renewed sense of autonomy and wellbeing** - free from family entanglements and constraints.

Andrea Brand has over **15 years experience** in facilitating family constellations. In some sessions she utilises her creative background as an art therapist by bringing in healing images, which **settle the somatic nervous system**. Over the last seven years she focussed on one-on-one consultations, using various tools to make family dynamics/relationships visible and to set clients on a path of personal wellbeing.

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The Short Film is slated for production on 31 Jan and 1, 2 Feb 2025. Although an experienced key crew have volunteered their expertise and time, hard costs like flights and accommodation for key crew, equipment rental, transport and food for three shoot days will need to be sponsored.

Please join the amazing sponsors below to ensure the project happens and paves the way for the 2025 class project and beyond.

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doesn't matter if it's rubbish. Ninety percent of what you make will be rubbish, but it's the pushing on after it's made that transforms it into something worth looking at. I tell myself it's hard, get over it.

How do you define success as an artist?

I think to be successful, you've got to make yourself excited by what you make. Then, if you're lucky, you'll find an audience that loves what you do too. That's success. I love it when people like my work, you can tell when they are not just being polite, and that makes me feel successful.

If you could invent a new colour, what would it be and what would you call it?

My favorite colour is when the sun shines through flesh. Between your fingers or earlobes. I could call it 'Earlobe Pink'.

If you could transform one of your dreams into art, what would it look like?

I don't know what it would look like, but it would feel like flying.

What's next for you? Projects or exhibitions?

Neither really, just continue as ever, trying to be better. Hoping that next time will be the best time.

What question do you wish we had asked you, and what would be your answer?

Why do you

make your sculptures out of paper?

I make my sculptures predominantly from paper as paper is such an everyday, accessible medium. It's inexpensive, and I like making something precious out of nothing, or not much. You could consider paper to be delicate and fragile, but paper, if taken care of, can last a lifetime.

To view some of Becky's incredible work:
Instagram: @re.beckyjones

If you'd like to nominate a creator for 'All Eyes on Artists,' please contact Tabatha at 084 555 0229.

Clayskyn is passionate about celebrating our vibrant local talent that inspires and connects us.

In our second interview for 'All Eyes on Artists,' Tabatha King explored the whimsical world of Becky Jones.

In ten words, please describe yourself.

Quiet, diffident, loud, and confident. Fragile, delicate, and robust. Happy. Positive. Singular.

Who or what are your main creative influencers?

It's such a struggle to pinpoint something or someone. I've spent my life creating and thinking about art, so I add to my influences as I go. I like art that surprises me, things I haven't seen or thought about before. Originality.

Why is art important to our community?

We all want to create, whatever it may be. Also, we want to own the handmade

and the well-crafted. When people create, it can give them a sense of purpose.

When is your favourite time of day to create? And what do you snack on?

Mornings. Mid-morning, precisely. I love the start of a new day, and generally get outside to exercise and think about what I'm busy with. The light at the start of a sunny day makes you think anything is possible. I snack on fruit, berries, and walnuts for health reasons. If only I could answer chips and biscuits.

Who would be your artist bestie? (Dead or alive)

Struggling with this one. I can't imagine being a bestie with a famous artist.

How do you overcome creative blocks?

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Baboon monitors are leaping into a new year!

TONI YOUNGHUSBAND

After almost a decade of service to Greyton, the town's Baboon Rangers are on a new and exciting growth path cemented by stronger relationships with village residents and improved working conditions.

A recent survey hosted by Greyton Conservation Society (GCS) confirmed a greater understanding of the importance of the Baboon Rangers' role in our town; even residents living outside the area frequented by baboons not only voiced their support but also contributed financially to the service.

Greyton's baboon troop is primarily after the food found in gardens – veggies, fruit and nuts, chicken eggs and feed, and the seed from bird feeders. The fynbos and grasses in the soft soils of the low lying village are also attractive. This is very different to the troops on the Peninsula and Overstrand villages where the primary type of food is human, sourced from garbage bins and by entering homes. "We're very lucky that we are not there yet," says GCS's Andrew White. "We can thank the bountiful gardens and our Rangers who prevent baboons from getting too comfortable and learning over time through trial and error how to access



Greyton Conservation Society would like to thank (from left) Ielermou (Lemmie) Olyn, Franquinn (Biggie) Leibrandt, Jirmaine Lewis, Samuel Tromp, Fredwinne Dickson and Julian Snyders for keeping the baboons on their toes and out of our homes.

homes and bins."

More and more village residents are learning how to protect their produce by erecting baboon-proof fencing and cages. However, the village must find alternative means of garbage disposal. Once baboons have a taste for the high calorie foods found in garbage, it will become more and more difficult to keep them out of homes. "Baboons will always do what baboons do. We've seen how their behaviour adapts when they get access to highly addictive, high-sugar human foods," says Andrew.

Managing the Greyton troop is a team effort: many Greyton residents contribute to the Rangers wages, uniforms and

tools and report sightings on the Baboon Monitor WhatsApp group while the Rangers work 7 days a week, in all weather conditions, chasing baboons from the village and back into their mountain home. When the troop is quiet, the Rangers clear hiking trails and remove alien plant life.

As from October, the Rangers' working conditions have enjoyed a major upgrade: a new Ranger base with storage and ablution facilities at the entrance to the Greyton Nature Reserve gives the Rangers shelter in the worst of the weather and a secure place to lock up their tools. We thank the EMS Foundation for their generous contribution to make this project possible.

Greyton, the village that cares for animals

LEON PEROLD

As we approach the end of 2024, we at Greyton Animal Welfare Society reflect on a year filled with achievements, challenges, and countless acts of kindness from our community and sponsors.

With the support of donors from the village, the National Sterilization Project and Dancers Love Dogs we have sterilised over 400 cats and dogs this year. This ensures healthier and happier lives for the animals in our community. Our weekly mobile clinics continue to provide free and low-cost medical support to outlying areas. Here, we also educate and encourage responsible and loving ownership. The relief and gratitude that we see from these pet owners continuously motivates us to want to do more. And, of course, the communal joy that we all feel when we get one of our dogs or cats adopted cannot be described!

Our work is only made possible through the incredible generosity of so many individuals, both from the community and also visitors to our beautiful village. Donations of money, blankets, clothing, furniture and bric-a-brac to our kennels and GAWS Charity Shop help keep our doors open every month. Some key fundraising events also bolstered our income and raised awareness for our organisations and the needs



of our animals. Discos with donkeys, doggy paddle swim battles, fake ice hockey championships, quiz nights, art exhibitions, and raffles all created a bit of fun and much-needed income. The support that we have received has been truly overwhelming and every donation is a testament to the compassion our community has for animals.

With the help of 2 great Greytonians, Chris and Nic we also revamped our Gwas Shop - well worth a visit!

Every animal we have helped reminds us of the power of community. We could not have done it without our volunteers, supporters, staff and fellow animal lovers. We are excited to continue our journey in 2025, expanding our programs, upgrading our kennels and making even more impact.

Greyton, thank you so much for your continued 'suppawt'.

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Paws and Reflect: The Unsung Heroes Behind

BRIAN POLLOCK (CHAIRMAN)



As the chairman of the Greyton Animal Welfare Sanctuary (GAWS), I've had the privilege of witnessing first-hand the extraordinary dedication and compassion of our team. Our journey is one of hope, healing, and heartfelt connections, made possible by the incredible individuals who make up the GAWS family.

My involvement with GAWS began quite by chance. A few years ago, during a routine morning walk, I stumbled upon a group of horses grazing behind the old dump site. These peaceful encounters soon became the highlight of my days. Inspired by the joy these animals brought me, I started bringing them treats, which led me to meet and assist other animals in need. Over time, this grew into a deeper commitment when I encountered several dogs in distress, sparking my full involvement with GAWS.

Today, I am proud to lead a team that stands as a beacon of hope in our community. Our mission at GAWS goes beyond rescuing and rehabilitating; it's about creating a sanctuary where every animal receives a second chance at life.

The Heart of GAWS: Our Team's Spirit

The GAWS team is a diverse group of individuals, each bringing their unique skills and unwavering passion to our

cause. From our volunteers who walk the dogs and cuddle the cats, to our veterinary staff who heal wounds and mend broken spirits, each member plays a critical role in the sanctuary's success. Our efforts are supported by the community, whose generosity enables us to continue our work.

A Day in the Life at GAWS

Every day at GAWS is a testament to resilience and transformation. Witnessing an animal recover and eventually find a loving home is profoundly moving. It's not just about the physical healing, but also about watching these animals learn to trust and love again. Each success story is a collective triumph for our team and a joyful reminder of why we do what we do.



The Challenges We Face

Running an animal sanctuary is not without its challenges. Financial constraints and resource limitations often test our resolve. However, these hurdles only strengthen our determination. We are constantly innovating to overcome these challenges, whether it's through community fundraising, enhancing our facilities, or expanding our outreach programs.

Looking to the Future

As we look ahead, our goals are ambitious. We aim to expand our educational programs to foster greater awareness about animal welfare in schools and our community. Strengthening our partnerships and increasing our presence in the valley are also top priorities. We envision a community where every animal is valued and cared for, and where GAWS continues to lead by example.



Join Us in Making a Difference

We invite you to join us in this noble cause. Whether you can volunteer your time, donate resources, or simply share our story, your support makes a significant impact. Together, we can ensure that GAWS can continue to provide a safe haven for animals in need.



As I reflect on my journey with GAWS, from those first steps in the valley to the challenges and triumphs along the way, I am filled with gratitude. Gratitude for the animals who have enriched my life, for the team whose dedication knows no bounds, and for the community that stands with us. Here's to many more years of making a difference, one animal at a time.

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Plan Today, Protect Tomorrow: Will'ful advice

determined by the fixed provisions of the act.

If you have offshore assets, it may be necessary to have separate wills for each jurisdiction in which they are located. Different countries have different rules and requirements for managing these assets after death. Having multiple wills can streamline the estate planning process, ensuring all your offshore assets are handled simultaneously with your South African estate.

It's wise to periodically review your will to ensure it still reflects your wishes and circumstances. If any updates are needed, we are happy to provide assistance or suggestions.

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- We will consult with you in person, over the phone, or via WhatsApp video call or Teams to finalise your will and make any necessary changes.

If additional time or more complex estate planning is required, a minor fee may apply.

As we celebrate the festive season and reflect on the year, there's no

better time to ensure your loved ones are taken care of by having your will in place—giving you the peace of mind to truly enjoy the holidays.

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As the festive season approaches, it's a great time to ensure your loved ones' future is secure by having a will in place. Here's a simple guide from our local lawyer Christelle Pansegrouw to help you get started.

Why have a will?

If you pass away without leaving a valid will, your estate will be distributed according to the rules of intestate succession, as set out in the Intestate Succession Act (Act 81 of 1987). This means you have no control over who inherits your assets, and your heirs are

Who Can Draft a Will?

Anyone aged 16 and over can have a will, provided that at the time of drafting, they are mentally capable of understanding the consequences of their actions.

You may draft your own will; however, it's important to remember that a will is a specialised legal document that must comply with specific legal formalities to be valid. We are happy to review your draft and confirm its validity.

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Honouring the Heart of the Community: Celebrating Our Remarkable Vonkel Vrou 2024

The Greyton Youth Forum is excited to celebrate the incredible women who make a positive impact in our community. This year, we are honouring 40 remarkable women from Ward 2, Greyton, Genadendal, Bereaville, and Voorstekraal for their dedication and hard work. These women go above and beyond to uplift those around them, and we want them to know how much we appreciate and value their contributions. This ceremony is a moment to recognize them and show that their efforts do not go unnoticed!



The theme of the day was celebrating the *extra* in extraordinary, as the event, "Vonkel Vrou 2024" recognized the quiet strength and deep commitment of women in our community. Our first-ever Woman of the Year award went to the much-loved Via Laurie, a true Vonkel Vrou with a heart full of faith and a commitment to service.

It all began with a vision from Virginia Jansen, who recognized the often-overlooked contributions of the strong and tenacious women around her. These women are the backbone

of our community, offering support and kindness in simple but powerful ways. A hug, a cup of tea, a loaf of bread—small acts that carry significant meaning. Jansen felt a higher calling to bring gratitude and



recognition to these everyday heroines.

The awards ceremony took place at Oak & Vigne, where sponsors and supporters gathered to share in this special day. Among the many honoured was Gil Moore, a woman who has dedicated her life to teaching skills that uplift and heal. Her contributions, like those of so many others, have helped the valley rise above the challenges of poverty and hardship.

As Via Laurie took the stage, she spoke words of love and

hope for the people she has served for over 12 years. Ward 2 councillor Chris Cloete added his touch to the day by personally congratulating each of the Vonkel Vrou awardees with warm hugs and medals. The room was filled with smiles, singing, and laughter, as these women were celebrated for their unwavering dedication. The day was a beautiful reminder that, in unity, we can overcome challenges and build a brighter future. Thank you, Vonkel Vrou – we see you, we value you, and we are grateful for all you do!

The Sunset Ladies near completion of their 2024 bucket list

RUWAYDA RINQUEST

The Sunset Ladies, a vibrant and diverse group of women hikers, are close to completing their 2024 bucket list with just three more adventures left to go. Recently, their hike at the Cape Agulhas National Park—a breathtaking location where the Atlantic and Indian Oceans meet—left them feeling deeply connected to the African continent. This experience has energised the group as they continue their journey, not only exploring nature but also raising awareness and supporting their community.

Back in May, the Sunset Ladies collaborated with

local talents from Caledon to further their mission. Stoom Saam Oom Syd, a media production company, and the clothing brand EASY BRU teamed up with the group to film one of their hikes. This collaboration was a fantastic opportunity to showcase their passion for nature and to raise awareness in their hometown. The Sunset Ladies extend their heartfelt thanks to Sydney Armoed and Dylan Plaatjies for travelling to Greyton to film this special event.

Although financial constraints prevented them from hosting their annual Sunset Ladies Gala this year, the group remains optimistic for 2025. With the help of Cape Forum, they hope to bring the

gala back next year, continuing to attract more nature lovers to their cause. Their plans for 2025 include visiting national parks, hot springs, and botanical gardens.

The Sunset Ladies' mission has always been to inspire others to dream big and achieve their goals through the power of adventure. Their commitment to fundraising and practising hikes continues to empower their community. As their 2024 adventures near their end, they invite everyone to support their



Left to right in the photograph: Margie Benn, Vianca Jafta, Elmine August, and Ruwayda Rinquest at the L'Agulhas

upcoming events and help them make a positive impact.

A warm welcome is extended to the newest member of the Sunset Ladies, Margie Benn from Bereaville. Her strength and passion for the outdoors are an inspiration to the group, and her enthusiasm keeps them moving forward.



IN TERME VAN REGULASIE 36 VAN DIE MUNISIPALE BATE OORDRAGREGULASIE: WET OP MUNISIPALE FINANSIËLE BESTUUR 56 VAN 2003

KENNISGEWING

Kennis word hiermee gegee dat die raad van voorneme is om die bestaande huurooreenkoms met Greyton Animal Welfare Society te hernu vir die huur van 'n gedeelte van Erf 595 Greyton, ongeveer 3000m² groot, om as 'n kennel en diersorgsentrum te gebruik. Die huurhervnuwing word voorgestel vir 'n tydperk van 9 jaar en 11 maande in ooreenstemming met die Direktief vir die toekenning van vaste eiendom aan nie-winsgewende maatskaplike sorgorganisasies, sportklubs en kerke.

Die voorgestelde huurbedrag is R500.00 per jaar, soos vasgestel in die Munisipale Tariefstruktuur en goedgekeur deur die Raad vir die tydperk van Nege (9) jaar en Elf (11) maande. Besonderhede rakende die aansoek is gedurende kantoorure beskikbaar by Edward Wessels (028 214 3325) by die Caledon-kantoor sowel as by die plaaslike Munisipale Kantoor.

Regsgeldige en goed gemotiveerde besware of kommentaar, indien van toepassing, moet skriftelik ingedien word nie later nie as 2 Desember 2024 by die Munisipale Bestuurder. Enige persone wat nie kan lees of skryf nie, kan gedurende kantoorure hulp ontvang by die naaste Dorpskantoor, waar 'n amptenaar van die Ontvangskantoor of Kliëntedienshulp hulle kommentaar/besware of vertoë op skrif sal stel.

IN TERMS OF REGULATION 36 OF THE MUNICIPAL ASSET TRANSFER REGULATION: MUNICIPAL FINANCIAL MANAGEMENT ACT 56 OF 2003

NOTICE

Notice is hereby given that the council intends to renew the existing lease agreement with Greyton Animal Welfare Society for the lease of a portion of Erf 595 Greyton, approximately 3000m² in size, to be used as a kennel and animal care center. The lease renewal is proposed for a period of 9 years and 11 months in accordance with the Directive for the allocation of fixed property to non-profit social care organizations, sports clubs, and churches.

The proposed rental amount is R500.00 per year, as determined by the Municipal Tariff Structure and approved by the Council for the period of Nine (9) years and Eleven (11) months. Details regarding the application are available during office hours from Edward Wessels (028 214 3325) at the Caledon Office as well as at the local Municipal Office.

Legitimate and well-motivated objections or comments, if applicable, must be submitted in writing no later than 2 December 2024 to the Municipal Manager. Any persons who are unable to read or write may receive assistance during office hours at the nearest Town Office, where an official from the Reception Office or Client Service Help Desk will document their comments/objections or representations.

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Star Owner: Harald Arnolds, a horse owner with heart

When there's a horse in trouble and EARS Donkey Sanctuary's Penny James needs added assistance, Harald Arnolds is her go-to-guy. Experienced cart driver Harald, of Bosmanskloof, grew up with horses, built his own cart, does his own farrier work and enthusiastically shares his knowledge with other horse owners in his community. He has two horses of his own, Goldie and Silver, who are in excellent condition and are worked just a couple of days a week. They're shod, dipped, dewormed, vaccinated and housed in their own paddocks.

Harald has helped EARS to wrangle

foals, collect horses off the R406, herd bulls, helped PTS horses with broken legs, and walked horses with locked stifles. "I wish all horse owners understood that if they looked after their horses properly they would get better results," says this father of two.

A heartfelt thank you to Harald for your time and care in looking after the animals in the valley.



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TONI YOUNGHUSBAND

Running a rescue Sanctuary while simultaneously helping to care for hundreds of horses is not without its challenges but the team at EARS Donkey Sanctuary has many triumphs to celebrate going into the new year.

"The EARS report card has more A's than C's," says Sanctuary founder and chairperson Jo Sedgwick, "which is testimony to the team's absolute dedication to animal welfare despite the many daily obstacles."

The donkey sanctuary, which is situated on the Villiersdorp Rd just past Berea, achieved an A+ for 2024. Its 16 permanent residents, all rescued from abuse or abandonment, are in good health and visitor numbers have increased which has helped swell this NPO's coffers. Visits by groups of schoolchildren are especially encour-



EARS earns an A+

aged as animal compassion is best taught at a young age.

A major cause for celebration at the Sanctuary this year was oldest resident Pedro's 40th birthday. This gentle brown donkey with a greying face, is a firm favourite with children who were invited to attend his celebratory picnic.

The Sanctuary also celebrated team triumphs: assistant manager Shannon Zietsman was awarded for loyal long service and Therdon Duminy graduated from the Cart Horse Protection Association's horse care and legislation training programme. As a qualified Equine Inspector Therdon is now able to confiscate abused horses and has significantly improved his knowledge of injuries and illnesses.

Medical care took up a sizable chunk of the Sanctuary team's time this year with 138 community horses treated for a variety of ailments including colic, biliary, snake bite, road accidents, eye injuries, lacerations, dog bites, abscesses and saddle sores. Unfortunately 14 horses had to be euthanized. On the good news front, EARS achieved its goal of 100 geldings (sterilisation) and to date, 102 horses in the valley have now been gelded by EARS at no cost to their owners. Overpopulation depletes grazing and contributes to illnesses and injury but persuading owners to have their horses gelded – even at no cost – remains our team's biggest challenge.

An A+ for EARS' community work must surely be awarded to the organisation's free dipping and deworming clinics attended this year by 281 horses. The team also assisted the Department of Agriculture's African Horse Sickness vaccination drive. Sanctuary manager Penny James says this drive, which was coupled with dipping and deworming, was one of the most physically demanding but emotionally rewarding knowing that

many more horses were now protected against deadly diseases.

Another A+ was EARS' renewed collaborative relationship with Greyton Animal Welfare Society (GAWS) which included fun fundraisers and regular contact between our teams in the field.

"Our wish for the new year is that every animal owner appreciates the sentient nature of these beings, and treats them with kindness and compassion," says Jo Sedgwick. Owner adherence to the Five Freedoms of animal welfare - Freedom from hunger or thirst, Freedom from discomfort, Freedom from pain, injury or disease, Freedom to express normal behaviour and Freedom from fear and distress – would significantly reduce the need for animal welfare and rescue organisations.



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Presbyopia: Understanding and Managing Age-Related Vision Changes

MONIQUE JONES

As we step into the festive season following October's Eye Care Awareness Month, it's important to shine a light on common age-related vision conditions, such as presbyopia. This natural aspect of aging typically affects individuals over the age of 40. Although it may seem bothersome, presbyopia is easily manageable with proper care and corrective solutions

What is Presbyopia?

Presbyopia is the gradual loss of the eye's ability to focus on nearby objects, caused by the hardening of the lens inside the eye. Unlike myopia (nearsightedness) or hyperopia (farsightedness), presbyopia is age-related and cannot be prevented. You

may notice symptoms such as difficulty reading small print, holding reading material farther away, or experiencing eye strain during close work.

Correcting Presbyopia

The good news is that presbyopia can be corrected with various options, including:

1. Reading Glasses:

For many people, a simple and effective solution to presbyopia is reading glasses. These are prescription lenses specifically designed for close-up tasks, such as reading or working on a computer.

2. Bifocals (B/F):

Bifocals are a common and effective solution. They feature two distinct viewing areas: the upper portion for distance vision and the

lower section for near vision. Although bifocals help with both distance and reading vision (focus at approximately 40 cm), they are not suitable for working on a computer, as they lack an intermediate focal point (focus at around 60 cm).

3. Multifocals (M/F):

Also known as progressive lenses or varifocal lenses, multifocal lenses offer a seamless transition between different viewing distances, correcting near, intermediate, and distance vision without a visible line. These lenses are designed for those who need correction at multiple distances.

4. Contact Lenses:

If glasses aren't your preference, contact lenses for presbyopia, such as multifocal contacts

or monovision (where one eye is corrected for near and the other for distance), can be a great alternative. They offer flexibility, especially for those with active lifestyles.

Get Your Eyes Examined

While presbyopia is a natural part of aging, regular eye exams are crucial in maintaining overall eye health. Changes in vision can occur gradually, and a comprehensive eye examination can ensure that you have the correct optical solution to avoid discomfort and eye strain. Eye exams can also detect other eye conditions, such as cataracts or glaucoma, which may not show symptoms early on.

Don't wait for vision changes to interfere with your daily life. Have your eyes examined now and explore the best options suited for your needs.

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The Greyton Cliffhanger *Part 2*

SHANI DELPORT



Silvie, with an ear out and a paw to lick, stuck by her side and stride. She shook with mirth after what she had just done – she had run away – never ever a genius idea.

But in her case, her freedom of her womanhood mattered, she half-muttered to Silvie, her faithful cat. She longed

for a space that truly belonged to her – where her sunlight breathed, and her footsteps could stomp the floorboards as much as she pleased!

In the farmland dust, with her duffel and veldskoene, she sought the sunset – no aches as of yet – she could roam the veld forever and a day. She plonked down, knees facing the climb, unzipped a side pocket and out popped a collapsible pet bowl. “Silvie, silvie, silveeee-eeee,” she echoed lovingly and soon, Silvie sprang out from a bunch of sun-licked wildflowers. Stones ran forth with a determined steppity-step!

Storm had surpassed her biggest fear - a fear of being stuck. It didn't actually matter where she was – her heart always felt captive to some

sort of prescribed scripture. She had known since girlhood that her dreams and desires had to fly far, far, far-away from all she had known. Never fully knowing that her 28th birthday would give her the wingspan to solely soar.

She had simply had enough of the stiff smiling, the soreness of staying put, the insurmountable silence – all part of her confined heart.

And so, with every sip or lick of water, she and Silvie travelled on foot and by paw – a desire to reach the abandoned lot at the turn of the innocent blue sky. Someone had once joked with her, that the old plot was filled with old spirits, abandoned due to some strange happening. Some told stories, some folk told of fear – it's too close to the travelling dust, they'd proclaim. Nevertheless,

Storm sought a place where no one would come barging in on her newly-winged freedom. There was, after all, only one woman who scared her. No lost soul could come closeby.

Silvie stumbled and Storm's mind gambled with her – they were near, and the path grew a little too tricky. The brushveld grew all too wild and thick out here. Claiming any open patch, she picked up Silvie and held her to her heart – at least it wasn't muddy anymore, at least she wasn't stuck on that old tatty couch any longer.

The sun still barging down like a confession on Storm's mind, slowly, then all at once - this was no late afternoon ramble under the orange sun. Afterall, the travelling dust grew nearer with every fateful breath and footstep – like a storm's very first rumble.

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How to Share Your Money Wisely: A Simple Guide for Kids (and their Parents and Grandparents)

MIKE GRAY CA(SA) FCMA CGMA EPGC (Stanford)

Imagine you have a big pile of toys and want to make sure your friends and family get some when you're older. But there's a smart way to share your toys, ensuring everyone gets more—and you don't lose too many toys along the way. That's what grown-ups do with their money, making sure they share it wisely!

Why It's Good to Share Early

If you wait until you're much older to share all your toys, some might be taken away by the "toy collectors" (also known as the ogre SARS!). But if you share your toys while you're still playing with them, you can give away more without losing as many to SARS. Think of it as playing a game and beating the rules!

Sharing with Family

You can give toys to your parents, brothers, or sisters, and the collectors won't take any! In fact, you can give them lots of toys every year without losing any. Grown-ups call this "donating

without paying taxes." You can even give away millions of toys!

Saving Your Toys in a Special Box

Imagine a magical box where you can keep your toys safe until you're ready to use them. This box



makes your toys grow bigger and multiply! In the grown-up world, this is called an offshore policy. Not even SARS can touch the toys in this box—no matter

how hard they try with tricks like CGT, Estate Duty, VAT, Income Tax, Dividends Tax, and other sneaky creatures like the multi-headed dragons of evasion and avoidance rules.

How Sharing and Saving Work Together

By sharing some toys with your family each year and saving others in the magical box, your toys grow bigger, and you lose fewer to SARS. When you're much older, you'll have much, much more to give to the people you care about! You can even give some of your toys to those in need, and if they have a special 18A certificate, you can deduct it from what you owe SARS.

Why This is Smart

- **Less to the collectors:** Sharing your toys wisely means fewer get taken

away.

- **Your toys grow:** Toys in the magical box (the offshore policy) grow bigger over time.
- **Everyone wins:** Your family and friends get more toys, and the collectors get fewer.

This is how grown-ups share their money wisely, ensuring they still have plenty to give when they're older to the people they love!

Protecting Your Toys: SARS Risk Insurance

You can also get SARS Risk Insurance, which acts like armour to protect you from the dragons SARS may unleash in an attempt to take your toys. These knights in shining armour come at a small cost of between R250 and R500 per month, compared to fighting SARS on your own, which can cost anywhere from R5,000 to R500,000 per battle.

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Community Care: The Red Cross in Greyton

KARA VAN DER MERWE

When you think of Greyton, the first images that come to mind are the mountains, horses, and friendly people—and hopefully, the Red Cross. Over the years, this organisation has evolved from a fragmented group into a united team, fully dedicated to serving the communities of Greyton, Bereaville, Voorstekraal, and Genadendal.

Community Comes First

The Red Cross in Greyton is dedicated to developing programs that truly meet the community's needs. Rather than imposing initiatives, they actively listen to what the community requires. A prime example of this responsiveness is their decision to dedicate the subsidised food shop to single mothers and families without access to government grants.

One of their most successful programs focuses on training women in home-based care, empowering them to provide essential services while earning an income. In addition, the Red Cross has trained hundreds of young people in first aid, recognizing the importance of building local health expertise, especially in areas where formal medical services are limited.

They also run an aftercare program for vulnerable children, providing them with structure, stimulation, and security. This program is officially registered with the Department of Social Development, ensuring it meets government standards for child care.

Collaboration and Community Partnerships

Collaboration has been central to the success of the Red Cross in Greyton. They work closely with organisations such as Child Welfare, the Department of Social Development, the police, and even local farmers. During the COVID-19 pandemic, these partnerships were vital in helping to provide food for over 700 people a day for seven months.

Despite these achievements, the organisation continues to face challenges

in raising funds and increasing awareness of their work. They are now embracing technology to spread their message, with growing support on social media platforms.

A heartfelt thank you to all our volunteers

Among our many wonderful volunteers, we would like to recognize Gill Moore—a true beacon of hope for the Red Cross. For the past 20 years, Gill has selflessly given her time and expertise whenever needed. Her unwavering commitment to the people of Bereaville, Voorstekraal, Genadendal, and surrounding areas has undoubtedly saved countless lives. Through every challenge, she has remained fearless and relentless in her mission to help others, fully embodying the spirit of the Red Cross.

As she approaches the age of 77, Gill is preparing to step back a little. The Red Cross is now seeking other nursing professionals to volunteer their time. While we know Gill's shoes will be hard to fill, new volunteers would bring

invaluable expertise to continue the vital work she has so passionately carried out for so many years.

How Can You Help?

Whether you're a Greyton resident or from further afield, there are many ways to support the Red Cross's mission. You can volunteer in the Red Cross shop, assist with admin tasks, help with fundraising, donate, or even become a carer. Every bit of help makes a difference.

The Red Cross in Greyton remains a pillar of hope, demonstrating that when a community comes together, incredible things can happen.

To get involved, contact:
Sylvia Barnes – 083 773 9917

To donate:
**Red Cross-Greyton,
Standard Bank, Caledon
Account Number: 185282245**



Greyton Red Cross
at the heart of the community



The Canola Roller: A Resounding Success on Greyton's Trails

THE CANOLA CREW

The weather gods were kind to us on Saturday, September 21, as the largest group of gravel riders Greyton had ever hosted gathered at the start line for the inaugural Canola Roller.

This year's event was an enhanced version of the Pie Run, which had been held for the past seven years. Participants could choose from three distances: 30 km, 80 km, and 130 km. The 80 km route was a significant improvement over the old 76 km course, while the 130 km route was an entirely new and more challenging route, taking riders through stunning private farms and attracting more hardcore cyclists.

We had hoped to attract

around 400 cyclists; however, thanks to a comprehensive and effective social media campaign, we reached 535 entries by the Wednesday before the race, forcing us to cap registrations. It was a challenge we hadn't anticipated, but one we welcomed wholeheartedly.

Cyclists and their families supported the event in great numbers. Those who were fortunate enough to book early enjoyed a weekend getaway, while others joined us for the day. All available accommodations in the village were fully booked.

The entire event was organised by a dedicated team of Greyton volunteers. They coordinated with local municipal and traffic authorities, Cycling South Africa, and timing officials,

while also securing sponsors and partners, planning and marking the route, setting up water points, and creating the race village, among other tasks.

Thanks to their enormous effort, the race village looked stunning, complete with big yellow stretch tents, hay bales, food stalls, the Jack Black Land Rover, and ample parking. Riders were sent off and welcomed back by MC Deon Bing, who entertained participants with his passion and enthusiasm and stayed until the very last cyclist finished.

We received overwhelmingly positive feedback from participants who enjoyed the new route and vibrant atmosphere. Greyton was buzzing with cycling talk, and a festive ambiance prevailed.

Shops, restaurants, and pubs were filled to capacity and reported booming trade.

A superb R140,000 in profit was raised, which was split equally between the Greyton MTB Club for maintaining our MTB trail network and the Greyton Juniors Club, dedicated to enriching the lives of disadvantaged children in Greyton through cycling. Additionally, numerous donations of cycling gear and equipment were received, which will be put to good use in the Juniors Club.

We look forward to creating an even bigger and better event next year, confident that the Canola Roller will do great things for Greyton's businesses and tourism, establishing it as the prime destination for gravel riding in the Western Cape.



NICKY BURNELL

What an incredible start to the third term school holidays we had with the GMTB Juniors, as the Canola Roller rolled into town! With riders in both the 30km and 80km categories, the juniors were so excited to be involved in what ultimately, is an event that was begun to fund the Juniors project. Weeks of training and sacrifices resulted in 3 of our boys ending up in the top ten in the 30km event and everyone who started the race, finished.



Our littlies did the traditional ceremonial start of the 30km event and just loved having the opportunity to be involved. In our eyes, each and every one of our Juniors were winners! We got incredible feedback on their impeccable manners

out on the course and the potential that was shown by all of our cyclists. The box of donations of kit and bike parts has been completely overwhelming and will benefit each and every one of our Juniors, either directly via clothing, shoes or helmets,

or indirectly via keeping the wheels rolling! One of our Village residents has donated 3 brand new bikes for our younger crew, our largest contingent of Juniors. Our gratitude cup is overflowing.

SPORTING CORNER



Discussing Net Gains with Lauren Phillips

TREVOR KRAMER

In this edition of 'Sporting Corner,' we chat with Lauren Phillips, the Coaches Convenor for the Overberg Netball Federation, about her passion for sports and her commitment to the development of netball in the region.

Netball holds a significant place in South Africa's sporting landscape, offering young athletes a chance to compete in a safe and inclusive environment. Currently, the Overberg Federation supports 23 ladies' clubs and four men's teams, the latter often competing in friendly matches against Women's Super League sides.

Lauren, who has been part of netball from a young age, understands the profound impact sports can have on a child's development. Despite a recent knee injury, she remains dedicated to nurturing the sport across the Overberg region. She shared with the Greyton Post why she believes netball is a crucial platform for growth among young people. "It's the sisterhood and relationships built on court that are vital for young girls and boys. It's about striving to be better and



playing well for the team, not just the individual—this teamwork is crucial for their development both as players and individuals," Phillips explained.

Her vision includes forming a unified club combining Greyton, Genadendal, and Berea, which could compete at regional and even provincial levels. Currently, Greyton has one active team, the Boesmanskloof Netball Club. Genadendal boasts two teams, the Young Ones and the Young Rangers, while a former Berea club has dissolved due to financial difficulties.

Despite a thriving school netball structure in Overberg, Phillips acknowledges more work is needed to

develop both players and coaches. "School netball is competitive and plants the seed for a potential career, but club netball provides next-level participation where players can learn more about the game and develop further," she noted.

Phillips is motivated by the dedication of players who sacrifice their time for training and matches especially on weekends. However, she recognizes challenges like transportation and inadequate playing venues, often leading to practice on grass courts—a disadvantage when competing against teams with better facilities.

Addressing these challenges, Phillips is continually on the lookout for sponsors to

support the local netball scene. "The children of Greyton and Overberg deserve a thriving sports program. It benefits not only the participants but the entire community. As community leaders, it's our responsibility to help the next generation achieve their goals," she stated.

For those interested in supporting or joining our local netball teams, please contact Lauren at 082 253 4638. Further information is available on the Overberg Netball Federation's Facebook page.

Join us in supporting Lauren and the netball community to keep this important sport flourishing for all.



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The Post Mortem



Dearest Devotees of Greyton,

It is with great pleasure that As your ever-vigilant observer, I must regale you with the latest splendid spectacle that unfolded beneath our cherished village sky—a scene woven with the threads of both artistry and whimsy. Our esteemed Greyton School recently hosted the Art and Wine Auction, embracing an enchanting “Alice in Wonderland” theme. Indeed, the evening was nothing short of a grand 5 course tea party, attended by many a Mad Hatter and even a most distinguished guest—a beautiful rat of such comeliness it rivaled the finest of hats!

Amidst the clinking of glasses and the flutter of auction paddles, our community spirit shone brightly, embodying

the true essence of Ubuntu. Each bid, a pledge not just to procure a piece of art or a fabulous adventure, but to uplift and empower the young minds of our village. What a joy to see the unity and generosity that binds us, as tangible as the swirling aromas of the fine wines that graced our palates.

Yet, the thrill of Greyton’s seasonal shift extends beyond artistic pursuits and into the realm of physical refinement. A new gym has unfurled its welcome mat, providing another splendid venue for us to prepare for the festival-laden summer and sculpt ourselves into the epitome of body beautiful. Competition stirs gently in the air within the walls of our two indoor gyms, but don’t forget the outdoor boot camps. Our hearts are kept delightfully aflutter, not only by the vigorous exercise but

also by the talented gym instructors whose offerings of training and sports massages ensure our forms are honed and toned to perfection.

Adding to our village’s bustling calendar was the successful Canola Roller cycling event, where cyclists in splendid Lycra of all shapes and sizes adorned our roads. The picturesque landscapes of Greyton were matched only by the vibrant display of athleticism and camaraderie among participants, making it a sight to behold for both aficionados and casual observers alike.

Not to be outdone, Greyton welcomes not one, but two new spa beauty clinics, each a sanctuary for those seeking relaxation and rejuvenation. In a delightful twist, one of these tranquil retreats introduces a novel therapy sure to pique curiosity—the ‘vagacial.’ Yes, dear readers,

you read correctly—a dedicated treatment for the demurest of areas ensuring complete rejuvenation from head to toe—truly, a pampering not to be missed!

So, as we adorn our village canvas with splashes of wine, dashes of art, and strokes of well-being, let us embrace the mad, the magnificent, and the utterly miraculous. For in Greyton, even the most eccentric becomes elegantly exquisite.

With a quill dipped in the inkwell of our village life, I promise to keep an eye on all things curious and quaint. Until next we meet in these pages, may your days be filled with wonder, wellness, and a whimsical touch of the unexpected.

Yours in observation and admiration,
Lady Grey
xoxo

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GREYTON EVENT DIARY

NOVEMBER

- 2 **Art Workshop: Simple Printing Techniques**
Gabby van Heerden
083 3593270
- *8-9 **Greyton Wine Weekend**
- *9 **Neapolitan Pizza Workshop**
The Village Baker
- *15 **Greyton Ceilidh Dance**
- *15 **Dogs, Donkeys and Disco**
- 16 **Art workshop: Decorative Rock Painting**
Gabby van Heerden
- *29 NOV **Greyton Art Walk**
-1 DEC

- 30 **Art workshop: Bubbles and Blooms at Spinlea Farm**
Gabby van Heerden

DECEMBER

- *6 **Greyton Wine Club: McFarlane Wines**
- 6 **First Friday Market (6-9pm)**
Mission Square, Genadendal
- *7 **Sourdough Bread Workshop**
The Village Baker
- 7 **Pressed Flower Workshop**
Maanskyn | 078 953 3511
- 12 **Kids' festive clay decorating**
Clayskyn | 084 555 0229

- 14 **Art workshop: Clay Christmas decorations**
Gabby van Heerden
- 14 **Bubbles and Blooms**
Spinlea Farm | 083 253 1663
- 16 **Merry Market Melodies (5pm)**
Mission Square, Genadendal
- 21 **Bubbles and Blooms**
Spinlea Farm | 083 253 1663

The Lighter Side

What do you call a sheep who can sing and dance?
Lady Ba
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